# **Iowa County Parenting Resources**

ACCESS COMMUNITY DENTAL CLINIC: (608-935-5550) <a href="www.accesscommunityhealthcenters.org">www.accesscommunityhealthcenters.org</a>. Full range of dental services for lowa County residents with BadgerCare or uninsured people with low incomes.

BIRTH TO THREE PROGRAM: (608-935-2776) An early intervention program to support families of children with developmental delays or disabilities under the age of 3 years.

COMMUNITY CONNECTIONS FREE CLINIC: (608-930-2232) Free medical services for those without health insurance on Tuesday and Thursday from 5:00 to 8:00 p.m. Located in Dodgeville.

FAMILY CONNECTIONS: (608-348-2846) (<a href="www.familyconnectionsswwi.org">www.familyconnectionsswwi.org</a>) Information on choosing safe, affordable, and appropriate childcare for children of all ages and needs. Play-and-learn play groups. Provides technical assistance with regulated childcare providers including YoungStar consult.

LICENSED CHILDCARE FACILITIES: https://childcarefinder.wisconsin.gov/

FAMILY RESOURCE CENTER OF IOWA COUNTY: (608-935-7300) (partnerwithparents@gmail.com). Car seat information. Family home visits, developmental screenings for children ages birth to 5.

HEAD START: (608-935-3379) (<a href="mailto:headstart@swcap.org">headstart@swcap.org</a>). Provides a variety of educational, health and social services to children aged 0-5 and their families. The program aims to promote school readiness, positive parent interaction, self-sufficiency, and a healthy lifestyle.

IOWA COUNTY EXTENSION OFFICE: (608-930-9850) Information on parenting, child growth and development, and managing household spending. FoodWlse Healthy Choices, healthy lives, stretching food money.

IOWA COUNTY HEALTH DEPARTMENT: (608-930-9870) (<a href="mailto:healthinfo@iowacounty.org">healthinfo@iowacounty.org</a>). Free home visits (infant weight checks, connection to resources & baby care packages) to families before and after birth, immunizations, water kits, and information. Call for the recommended childhood, adolescent and adult immunization schedule and further information.

NEIGHBORHOOD HEALTH PARTNERS: (1-877-449-7422) (<u>www.swnhp.org</u>). Located in Dodgeville at 608-930-7720. Health care that includes physical exams, screening and treatment services, contraception, and pregnancy testing.

SOCIAL SERVICES OF IOWA COUNTY: (608-930-9801) BadgerCare, Medical Assistance, FoodShare, Childcare Assistance, and Home Energy Assistance.

UPLAND HILLS BIRTHING SUITES: (608-930-8000) Birthing classes, CPR for infants, breastfeeding support, etc.

WELL BADGER RESOURCE CENTER: (1-800-642-7837) (<a href="www.wellbadger.org">www.wellbadger.org</a>) Provides free, confidential health information and referrals to individuals throughout Wisconsin. Email: (<a href="help@wellbadger.org">help@wellbadger.org</a>) Phone: (608-360-9328).

WOMEN INFANTS AND CHILDREN (WIC): (608-935-2326) (<u>www.swcap.org</u>). Provides nutrition information, counseling and food vouchers for women, infants, and children to age five.

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### MENTAL HEALTH AND COUNSELING SERVICES IN IOWA COUNTY:

Unified Community Services – Dodgeville 608-935-2776
Uplands Counseling Associates – Dodgeville 608-935-2838
Platteville Family Resource Center – Dodgeville Location 608-348-4060
Foundations Counseling – In Home Therapy 608-424-9100
Northwest Connections – Crisis Line 800-362-5717
WKM Psychology Clinic – Dodgeville Branch 608-342-4853
Oregon Mental Health Services – Dodgeville Location 608-835-5050

#### FOOD PANTRIES/COMMUNITY MEALS

Arena Community Food Pantry: 314 Willow St., Unit 12. (Old elementary school). Pantry hours are on the 2nd Wednesday of the month from 1pm-5pm and the last Saturday of the month from 10am-12pm. Contact: 608-753-2169.

Barneveld Pantry: Barneveld Lutheran Church 505 Swiss Lane Barneveld, WI 53507. Open Wednesday from 9:30 to 3:30. Contact: 608-924-8621.

Blanchardville Lutheran Church: (Pecatonica School District-Blanchardville/Hollandale). 1st & 3rd Saturday 10:00 to 11:00 a.m. Clients are allowed to visit monthly. Contact: Jean Christen, 608-967-2349.

SWCAP Food Pantry: 138 S Iowa St Dodgeville, WI 53533. Open to all residents of Iowa County. Food is available on Tuesday 9-5:30, Thursday 8-3:30, Saturday 9-1:00 by appointment only. Contact: 608-930-8733.

Dodgeville Community Meal: 327 N. Iowa St. Dodgeville, WI 53533. FREE Community Meal every Wednesday 5:00pm-6:30pm. Contact: 608-935-5451.

Ruby's Food Pantry: Hidden Valley Church 605 Bennet Rd. Dodgeville, WI 53533. 3rd Tuesday of each month 4:00-5:30pm (Pay \$25.00 but get over \$100 of food).

Highland Mobile Food Pantry: Ss Anthony & Philip Church 726 Main Street Highland, WI 53543. Open last Monday of the month at 4:00pm. Please bring your own bags and boxes. Contact: 608-929-4544 or 608-623-2095.

Iowa-Grant Food Pantry: United Methodist Church 415 W. Woodward St. Livingston, WI 53554. Open to residents of Iowa-Grant school district. Vouchers for purchase of food. Contact: 608-943-6606.

Mineral Point Food Pantry: Faith Lutheran Church 706 Ridge Street Mineral Point, WI 53565. Open 2<sup>nd</sup> and 4<sup>th</sup> Sundays of the month from 10:00-12:00. Contact: 608-987-3454.

#### **HOUSEHOLD SUPPLIES & DISCOUNTED CLOTHING**

# SWCAP- Community Treasure Thrift Store Dodgeville 608-935-2326

Gently used items like clothing of all sizes, bedding, towels, shoes, etc. Household items and furniture items are available when donated. A small fee may apply. Social Services can give a voucher for some clothing expenses.

## New Beginnings Dodgeville 608-574-1138

Gently used items like clothing of all sizes, bedding, towels, shoes, coats, boots, snow pants, hats, gloves. Household items and furniture items available when donated.

#### **EMERGENCY TEMPORARY SHELTERS**

Family Advocates, Inc of Platteville, WI 608-348-5995. 24-hour crisis line: 800-924-2624. Provides services for women & children victims of domestic violence, elder abuse, sexual assault.

Family Promise of Grant County 608-723-3355 <a href="www.familypromiseofgrantcounty.com">www.familypromiseofgrantcounty.com</a>. Provides temporary shelter to families.